



*Mut Griot  
Telling stories that  
educates the mind and touches the soul.  
Sharing traditional African Folktales,  
Taking you back to your roots.*



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# Press Release

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## **Children Book Release:**

### ***Dress the African Way! An Activity Book for the Family***

African Americans dress in African attire every year for Black History Month, Kwanzaa and other gatherings. Often times they may not know the African name or origin for the attire they are wearing. **Dress the African Way! An Activity Book for the Family** shares some of the most popular names for African clothes. The reader takes a journey with Mut Griot, pronounced "moot" (means mother) to learn why African clothes are important, names for the clothes and how they are made. The reader is also introduced to two characters, Zuwena and Ade who introduces the clothes to the children.

***Dress the African Way! An Activity Book for the Family*** brings to life the rich culture and customs of Africa. African people

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always took pride in their clothes. They understood that the way you dressed told a story about a culture and its people's way of life. The world has seen the beautiful fabrics of Africa. The soul of Africa was shared with the world through each thread woven into the most elegant and colorful fabrics. Children all over the world can share in this beauty by taking a journey with Mut Griot as she shares a brief history of African clothes. The book includes activities, coloring, and a CD-ROM for interactive learning. ***Dress the African Way*** is a fun activity book for the entire family.

**Order your copy today at**

<http://mut-griot.myshopify.com/>

**Visit our blog to meet the author Nooma Monika Rhue at**

<http://mutgriot.wordpress.com>

