



NWHC Library Presents  
**Tech Tuesday**  
**October 19th**  
**2 pm**

**Incorporating Self-Care Practices into Diversity, Equity, and Inclusion Work**



Twanna Hodge, MLIS.  
Diversity, Equity, and Inclusion Librarian  
at the University of Florida Libraries.

How do we ensure that we do not burn out or neglect ourselves while fulfilling our commitment to diversity, inclusion, equity, and social justice?

In this presentation, Twanna Hodge will share information, experiences, and strategies about how to practice kindness to yourself and others as we engage in this necessary and impactful work.

This is an interactive talk. Attendees will leave tips on how to combat personal and professional burnout and challenges as we continue to do this work.

Register for Tech Tuesday [here](#)

If you would like to host a Tech Tuesday, please contact [Samantha Mueller](#)

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